



# Benet Academy

Nationally Recognized Volleyball Powerhouse

2023 State Finalist & 4A State CHAMPIONS 2011 - 2012 - 2014 - 2019

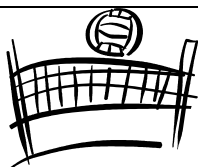
## SUMMER GIRLS VOLLEYBALL CAMPS

### Elementary & Junior High School GIRLS entering 2<sup>nd</sup> - 8<sup>th</sup> Grade

The camp is divided by ages / levels utilizing 2 gyms and 8 courts.

Up to date Techniques ~ All Skills ~ New Drills ~ Conditioning ~ Game & Tournament Play  
Meet High School Coaches ~ Train with Top High School Players ~ Learn from Experienced Coaches  
Have Fun ~ Challenge Yourself ~ Meet New Friends ~ Learn to Compete

Camp Option 1	Monday, June 10 – Thursday, June 13	12:00 – 6:00pm
Camp Option 2	Monday, July 29 – Thursday, August 1	2:00 – 8:00pm



Benet Academy Main Gym: 5<sup>th</sup> – 8<sup>th</sup> Grade  
Benet Academy Small Gym: 2<sup>nd</sup> – 4<sup>th</sup> Grade

Camp Cost: \$265.00 or \$450.00 for both weeks

#### CAMP BREAKDOWN:

2 hours	Skills Instruction – Individual Work
30-minute	Snack Break
2 hours	Team Drills – Scrimmages
30-minute	Snack (provided)
1-hour	Tournament

**FUNDamentals  
New Friends &  
Future HS Champs!**



½ hour each day: Light conditioning with Freshmen Coach Sayers

½ hour each day: “Teams” will do a fun activity – scavenger hunt, team building exercises & signing shirts  
Elementary players will have age appropriate drills / activities and will play with lighter balls.

#### CAMPERS WILL RECEIVE:

- Organized Instruction
- Daily Snack
- Benet Packet – drills / exercises to do at home, schedule, tips for tryouts
- Camp T-Shirt / Prizes

**Questions:** Call, text or email  
Bonnie (630) 330-7785  
[benetgirlsvolleyballcamps@gmail.com](mailto:benetgirlsvolleyballcamps@gmail.com)

**Items to Bring to Camp:** Water, Snacks, Gym Shoes, Kneepads, Extra T-Shirt, and a Good Attitude!

#### CAMP DIRECTORS & COACHES

- **Brad Baker** 18 years Girls Varsity Coach. Named Hall of Famer and NATIONAL COACH OF THE YEAR!
- **Bonnie Bremner-Pettigrew** 4-time All-American, National Champion, 3 Years Professional.  
Director of Next Level Athletes Volleyball – run more than 400 successful camps and clinics.
- **Kim Sayers** Benet Girls Freshmen Coach, PE Department Chair and Personal Trainer
- **Collegiate & High School Players** will be court coaches for the camp

Counting down the days 'til  
Benet Vball Camp! Crazy hair  
day & water balloons! - Mia

Coach Baker & Bonnie have a combined 40+ years of coaching and Training Girls volleyball!

#### What Parents & Players are saying...

- ~ Sarah was planning to go to our public high school until this volleyball camp where she fell in love with Benet. --David
- ~ My daughter signed up with her 7<sup>th</sup> grade teammates...they learned a ton, bonded and won our parochial league conference!
- ~ I loved coming to this camp when I was in grade school and it was blast to work it in high school... looking forward to coming home from college to work it again! – Peyton

# Benet Academy

## SUMMER GIRLS VOLLEYBALL CAMP 2024 ~ REGISTRATION FORM ~

YOU WILL RECEIVE AN EMAIL AS CONFIRMATION OF REGISTRATION

Please check:				
	Camp Option 1	Monday, June 10 – Thursday, June 13	12 – 6 pm	\$265
	Camp Option 2	Monday, July 29 – Thursday, August 1	2 – 8 pm	\$265
	Both Camps	June & July 2024 Camps		\$450

Player's Name \_\_\_\_\_

Grade \_\_\_\_\_

School \_\_\_\_\_

Home Address \_\_\_\_\_

Parent's Cell (Emergency Number) \_\_\_\_\_

E-mail Address \_\_\_\_\_

### Player T-Shirt Size: (Check One)

#### YOUTH

Medium

Large

#### ADULT

Small

Medium

Large

XL

Parent's Name \_\_\_\_\_

I hereby grant permission for my daughter to attend Benet Academy Volleyball Summer Camp. My child has no medical condition that would interfere with her participation. I release Benet and the coaching staff from any liability or from any injuries that may occur. In addition, I acknowledge use of photos of my child during camp activities. *I understand that no refunds can be provided.*

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

Amount Paid \$ \_\_\_\_\_ (Please note: No refunds or credits can be provided)

### **OPTIONS: TO REGISTER AND MAKE YOUR PAYMENT**

- 1 Make **checks to Bonnie Pettigrew** and mail with form 830 Kimberly Way, Lisle IL 60532
- 2 Zelle [info@nextlevelathletesinc.com](mailto:info@nextlevelathletesinc.com) or 630-330-7785
- 3 Register on Benet Website (for a fee) <https://www.gobound.com/il/schools/benet/camps>

**QUESTIONS:** Email [benetgirlsvolleyballcamps@gmail.com](mailto:benetgirlsvolleyballcamps@gmail.com) or call/text Bonnie 630-330-7785