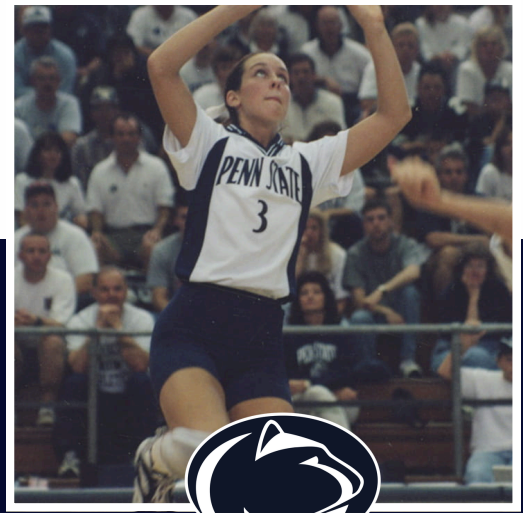


NEXT LEVEL ATHLETES

EST. 1999 *Volleyball Training*



BONNIE BREMNER-PETTIGREW
LEAD COACH & OWNER OF NLA

SUMMER CAMPS & CLINICS 2026



6 WEEK CLINICS

BEGINNERS (2ND-4TH) COST \$275



SUNDAYS	SESSION 1: 5/10-6/14 SESSION 2: 6/21 -7/26	4-5:30PM
THURSDAYS	JUNE 19 - JULY 24	6-7:30PM

JUNIOR HIGH (5TH-8TH) COST \$275

SUNDAYS	SESSION 1: 5/10-6/14 SESSION 2: 6/21 -7/26	4:00-5:30PM
WEDNESDAYS	SESSION 1: 5/6-6/10 SESSION 2: 6/17-7/22	6:30-8:00PM
THURSDAYS	SESSION 1: 5/7-6/11 SESSION 2: 6/18-7/23	6:30-8:00PM

HIGH SCHOOL (9TH-12TH) COST \$275

SUNDAYS	SESSION 1: 5/10-6/14 SESSION 2: 6/21 -7/26	4:00-5:30PM
WEDNESDAYS	SESSION 1: 5/6-6/10 SESSION 2: 6/17-7/22	6:30-8:00PM
THURSDAYS	SESSION 1: 5/7-6/11 SESSION 2: 6/18-7/23	6:30-8:00PM

SUNDAYS & WEDNESDAYS: ENDEAVOR HEALTH & FITNESS (WOODRIDGE)
THURSDAYS: ST. JAMES (GLEN ELLYN OR ST. JOHNS (LOMBARD))

*MONDAY POP UP CLINICS - SCAN PRIVATE LESSON QR

BENET DAY CAMPS

(2ND-8TH) CAMP DIVIDED BY SKILL/AGE



JUNE 8-11	12:00-6PM	BENET ACADEMY
JULY 20-23	2:00-8PM	

TRAIN WITH ONE OF THE BEST HS PROGRAMS IN THE STATE

SKILLS INSTRUCTION, TEAM DRILLS, GAME PLAY/TOURNAMENT, LIGHT CONDITIONING, TEAM BUILDING ACTIVITIES, SNACK BREAKS & SUMMER TREATS

PRIVATE LESSONS

**INDIVIDUAL SKILLS TAYLORED TO YOUR NEEDS
HELP PREPARE FOR JR HIGH OR HS TRYOUTS**



TRAINING AVAILABLE ALL SUMMER
MORNING, AFTERNOON AND EVENING
OPTIONS - MULTIPLE LOCATIONS

ABOUT US

AT NEXT LEVEL ATHLETES, WE OFFER A COMPREHENSIVE TRAINING METHODOLOGY DESIGNED TO PRODUCE ACCELARATED DEVELOPMENT. OUR PROGRAMS INCLUDE:

- INDIVIDUAL & TEAM TRAINING
- PROFESSIONAL ASSESSMENT
- SPORTS PSYCHOLOGY & NUTRITION
- FAST PACED IMMERSION ENVIRONMENTS
- SPECIALIZED CONDITIONING (AGILITY, SPEED, VERT)
- YEAR ROUND SUPPLEMENTAL CLUB TRAINING