

ALL SKILLS

2023 SUMMER VOLLEYBALL CLINICS

Ideal for Improving Skills Over The Summer

JUNE 10TH - JULY 20TH
ONE DAY PER EACH OF SIX WEEKS



CLINIC FEE
\$210

FLEXIBLE MAKE-UP
SCHEDULE AVAILABLE

NOTE NEW
LOCATIONS

BEGINNERS (2nd - 4th)

Saturday	9 - 10:30 am	4
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JUNIOR HIGH (5th - 8th)

Sundays	10 - 11:30 am	4
Mondays	6 - 7:30 pm	3
Tuesdays*	6 - 7:30 pm	2
Thursdays	6 - 7:30 pm	1

ADVANCED (High School)

Tuesdays*	7:30 - 9 pm	2
Saturdays	10:30 am - 12 pm	4

SERVING

Thursdays	7:30 - 8:45 pm	1
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* No July 4th Class. Fee Reduced to \$175

Comprehensive Training Methodology
produces
Accelerated Development

Fundamental, Positions, Repetition, & Game Play

- Individual and Team Training
- Professional Assessment
- Sports Psychology
- Conditioning
- Fast-Paced Atmosphere
- Emersion Environment

*Specialized intense training improves
agility, speed, and vertical jump*

PROGRAM EXCLUSIVE!

Each Player Receives:

- ✓ A handout with individual drills and exercises to practice at home.
- ✓ A written evaluation on skill, position suggestions, attitude, and progress.

Scan
to Register



Experienced, Well-Respected Coaches
Experts in Conducting NLA Drills

**ALL INSTRUCTION AND COACHING MANAGED
BY BONNIE BREMNER-PETTIGREW**

*Four-time Penn State Academic All American
and 3-Year Pro Player*

NEW!! LOCATIONS

- 1 - New Wave Volleyball Facility**
7881 Lemont Road, Darien
- 2 - St. Alexander School**
300 South Cornell Ave, Villa Park
- 3 - Good Samaritan Health & Wellness**
3551 Highland Ave., Downers Drove
- 4 - Edwards-Elmhurst Health & Fitness**
Seven Bridges, 6600 Hwy 53, Woodridge

Questions? Call Bonnie at 630-330-7785 or info@nextlevelathletesinc.com